



Remember to eat your fruit & vegetables.

Middle School

Sandwich and Salad Menu

April 2019

MONDAY

1
PB&J Sandwich
Ham Deli Sub Sandwich
Chicken Caesar Salad

TUESDAY

2
PB&J Sandwich
Italian Sub
Tuna Salad Sliders

WEDNESDAY

3
PB&J Sandwich
Crispy Chicken Sub
Turkey BLT Salad

THURSDAY

4
PB&J Sandwich
Combo Deli Sub
Chef Salad

FRIDAY

5
PB&J Sandwich
Turkey Deli Sub
Crispy Chicken Salad

8
PB&J Sandwich
Combo Deli Sub
Garden Vegetable Salad

9
PB&J Sandwich
Spicy Chicken Sub
Chef Salad

10
PB&J Sandwich
Turkey Deli Sub
Chicken Taco Salad

11
PB&J Sandwich
Ham Deli Sub Sandwich
Tuna Salad Sliders

12
PB&J Sandwich
Munchable
Southwest Chicken Salad

15
PB&J Sandwich
Ham Deli Sub Sandwich
Turkey BLT Salad

16
PB&J Sandwich
Munchable
Crispy Chicken Salad

17
PB&J Sandwich
Italian Sub
Chef Salad

18
PB&J Sandwich
Spicy Chicken Sub
Beef Taco Salad

19
PB&J Sandwich
Turkey Deli Sub
Garden Vegetable Salad

22
PB&J Sandwich
Munchable
Chicken Caesar Salad

23
PB&J Sandwich
Combo Deli Sub
Turkey BLT Salad

24
PB&J Sandwich
Crispy Chicken Sub
Tuna Salad Sliders

25
PB&J Sandwich
Turkey Deli Sub
Chicken Taco Salad

26
PB&J Sandwich
Italian Sub
Chef Salad

29
PB&J Sandwich
Ham Deli Sandwich
Beef Taco Salad

30
PB&J Sandwich
Italian Sub
Chef Salad

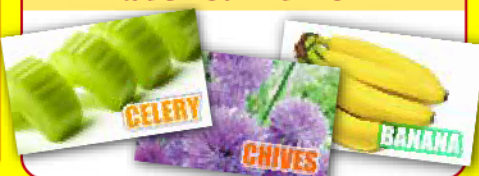
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PRICES

| | |
|-------------------|--------|
| Lunch | \$2.65 |
| Reduced Lunch | \$.40 |
| Breakfast | \$1.25 |
| Reduced Breakfast | \$0.30 |
| Adult Lunch | \$3.65 |

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
For questions or comments, contact the FSD Christopher Gallaga taher.foodservice@lhUSD.org

