

# Thunderbolt Middle School

April  
2019



Remember  
to eat your  
fruit & vegetables.

## Lunch Menu

### 1 MONDAY

- Classic Cafe** French Toast Sticks, Breakfast Potatoes
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

### 2 TUESDAY

- Classic Cafe** Crispy Chicken Tenders, Whole Grain Dinner Roll, Golden French Fries
- Pizza Parlor** Cheese, Pepperoni or Chef's Choice
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

### 3 WEDNESDAY

- Classic Cafe** BBQ Chicken Sandwich, Steamed Carrots
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

### 4 THURSDAY

- Classic Cafe** Spicy Chicken Tenders, Tator Tots
- Pizza Parlor** Cheese, Pepperoni or Chef's Choice
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

### 5 FRIDAY

- Classic Cafe** Fish Sticks with Ranch, Kettle Potato Chips
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

### EXTRA INFO

#### Harvest of the Month



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch. For questions or comments, contact the FSD Christopher Gallaga: [taher.foodservice@lhUSD.org](mailto:taher.foodservice@lhUSD.org) 928-854-5411

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## Lunch Menu

8

MONDAY

**Classic Cafe** Grilled Chicken and Cheese Sandwich, Breakfast Potatoes

**Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

**Taste of Mexico** Nachos, Tacos & Burritos with all the fixings

**Build Your Own** Country Bowl - Built Your Way

11

THURSDAY

**Classic Cafe** Spicy Chicken Nuggets, Tator Tots

**Pizza Parlor** Cheese, Pepperoni or Chef's Choice

**Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

**Taste of Mexico** Nachos, Tacos & Burritos with all the fixings

**Build Your Own** Country Bowl - Built Your Way

9

TUESDAY

**Classic Cafe** Chicken Nuggets, Golden French Fries

**Pizza Parlor** Cheese, Pepperoni or Chef's Choice

**Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

**Taste of Mexico** Nachos, Tacos & Burritos with all the fixings

**Build Your Own** Country Bowl - Built Your Way

12

FRIDAY

**Classic Cafe** Grilled Cheese Sandwich, Golden French Fries

**Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

**Taste of Mexico** Nachos, Tacos & Burritos with all the fixings

**Build Your Own** Country Bowl - Built Your Way

10

WEDNESDAY

**Classic Cafe** Double Dogs, Golden French Fries

**Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

**Taste of Mexico** Nachos, Tacos & Burritos with all the fixings

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BANANA



CELERY



CHIVES

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## Lunch Menu

15

MONDAY

- Classic Cafe** French Toast Sticks, Breakfast Potatoes
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

16

TUESDAY

- Classic Cafe** Crispy Chicken Tenders, Golden French Fries
- Pizza Parlor** Cheese, Pepperoni or Chef's Choice
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

17

WEDNESDAY

- Classic Cafe** Meatloaf, Mashed Potatoes, Gravy
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

18

THURSDAY

- Classic Cafe** Spicy Chicken Tenders, Tator Tots
- Pizza Parlor** Cheese, Pepperoni or Chef's Choice
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
- Build Your Own** Country Bowl - Built Your Way

19

FRIDAY

- Classic Cafe** Fish Sticks with Ranch, Kettle Potato Chips
- Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!
- Taste of Mexico** Nachos, Tacos & Burritos with all the fixings
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## Lunch Menu

22

MONDAY

**Classic Cafe** Grilled Chicken and Cheese Sandwich, Breakfast Potato Casserole

**Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

**Taste of Mexico** Nachos, Tacos & Burritos with all the fixings

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23

TUESDAY

**Classic Cafe** Chicken Nuggets, Golden French Fries

**Pizza Parlor** Cheese, Pepperoni or Chef's Choice

**Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

**Taste of Mexico** Nachos, Tacos & Burritos with all the fixings

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24

WEDNESDAY

**Classic Cafe** BBQ Rib Sandwich, Green Peas

**Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

**Taste of Mexico** Nachos, Tacos & Burritos with all the fixings

**Build Your Own** Country Bowl - Built Your Way

25

THURSDAY

**Classic Cafe** Spicy Chicken Tenders, Tator Tots

**Pizza Parlor** Cheese, Pepperoni or Chef's Choice

**Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

**Taste of Mexico** Nachos, Tacos & Burritos with all the fixings

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26

FRIDAY

**Classic Cafe** Grilled Cheese Sandwich, Golden French Fries, Roasted Corn

**Grill Station** Chicken Patty, Spicy Chicken Patty, Cheeseburger, or Mini Corn Dogs w/ Tots or Fries!

**Taste of Mexico** Nachos, Tacos & Burritos with all the fixings

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MONDAY

2  
THURSDAY

TUESDAY

3  
FRIDAY

1  
WEDNESDAY

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