



Remember to eat your fruit & vegetables.

Middle School

April 2019

Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Pancake on a Stick
WG Bagel & Cream Cheese
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit Bar

2

WG Iced Donut
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice

3

Breakfast Pizza
Graham Crackers
Vegetable Selection
Fresh Fruit

4

WG Iced Donut
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice

5

French Toast Sticks
Choice of Cereal
Vegetable Selection
Graham Crackers
Fresh Fruit

8

Pancake on a Stick
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

9

WG Iced Donut
Choice of Cereal
Graham Crackers
Apple Juice
Vegetable Selection

10

Breakfast Pizza
Choice of Cereal
Graham Crackers
Fresh Fruit
Vegetable Selection

11

WG Iced Donut
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice

12

French Toast Sticks
Choice of Cereal
Graham Crackers
Fresh Fruit
Vegetable Selection

15

Pancake on a Stick
WG Bagel & Cream Cheese
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit Bar

16

WG Iced Donut
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice

17

Breakfast Pizza
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

18

WG Iced Donut
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice

19

French Toast Sticks
Choice of Cereal
Vegetable Selection
Graham Crackers
Fresh Fruit

22

Pancake on a Stick
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit

23

WG Iced Donut
Choice of Cereal
Graham Crackers
Apple Juice
Vegetable Selection

24

Breakfast Pizza
Choice of Cereal
Graham Crackers
Fresh Fruit
Vegetable Selection

25

WG Iced Donut
Choice of Cereal
Graham Crackers
Vegetable Selection
Orange Juice

26

French Toast Sticks
Choice of Cereal
Graham Crackers
Fresh Fruit
Vegetable Selection

29

Pancake on a Stick
WG Bagel & Cream Cheese
Choice of Cereal
Graham Crackers
Vegetable Selection
Fresh Fruit Bar

30

WG Iced Donut
Choice of Cereal
Graham Crackers
Vegetable Selection
Apple Juice

1



PRICES

Lunch	\$2.65
Reduced Lunch	\$.40
Breakfast	\$1.25
Reduced Breakfast	\$0.30
Adult Lunch	\$3.65



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
For questions or comments, contact the FSD Christopher Gallaga taher.foodservice@lhUSD.org

