



Don't forget to eat your vegetables.

Breakfast Menu

Nautilus, Havasupai, Smoke Tree, Oro Grande

April 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

UBR Breakfast Round

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

2

Iced Donut

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

3

Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

4

Powder Sugar Donut

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

5

Mini Pancakes

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

8

UBR Breakfast Round

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

9

Iced Donut

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

10

Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

11

Powder Sugar Donut

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

12

Mini Pancakes

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

15

UBR Breakfast Round

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

16

Iced Donut

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

17

Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

18

Powder Sugar Donut

Choice of Cereal
Graham Crackers

Vegetable Selection
Orange Juice
1% Milk

19

Mini Pancakes

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

22

UBR Breakfast Round

Choice of Cereal
Graham Crackers

Vegetable Selection
Canned Fruit
1% Milk

23

Iced Donut

Choice of Cereal
Graham Crackers

Vegetable Selection
Apple Juice
1% Milk

24

Cinnamon Roll

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk

25

Powder Sugar Donut

Choice of Cereal
Graham Crackers

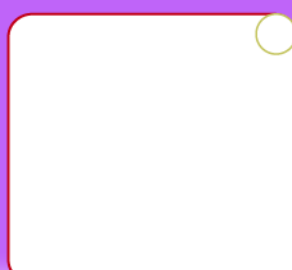
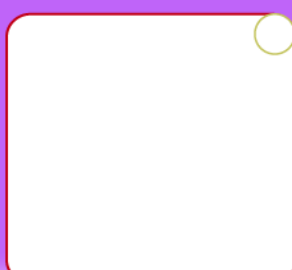
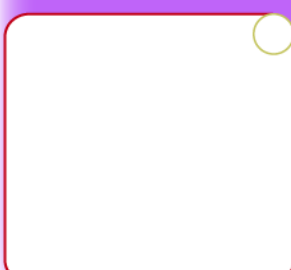
Vegetable Selection
Orange Juice
1% Milk

26

Mini Pancakes

Choice of Cereal
Graham Crackers

Vegetable Selection
Fresh Fruit
1% Milk



PRICES

Regular	\$0.00
Reduced	\$0.00
Adult	\$1.50
Bottled Water	\$0.75
Extra Milk	\$0.50



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
PB&J or Yogurt Pack are available every day.
For questions or comments, contact the FSD Christopher Gallaga:
taher.foodservice@lhusd.org 928-854-5411

