



Don't forget to eat your vegetables.

# Elementary School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

April 2019

## MONDAY

April Fool's Day

1

Pancakes  
Strawberry Topping

Biscuits & Gravy

Chicken Caesar Wrap

Breakfast Potatoes  
Hard Cooked Egg

## TUESDAY

2

Classic Cheeseburger Basket

Crispy Chicken Tenders  
Whole Grain Dinner Roll

Salad Slider

Golden French Fries

## WEDNESDAY

3

BBQ Chicken Sandwich

Philly Flatbread

Pizza Munchable

Glazed Carrots

## THURSDAY

4

Chicken Nachos & Homemade Cheese Sauce

Chef Salad

Refried Beans

## FRIDAY

5

Pepperoni Pizza

Crispy Chicken Salad

Roasted Winter Squash

8

Grilled Chicken and Cheese Sandwich

Italian Pasta Bake  
Garlic Roll

WG Chips, Salsa & Cheese Cubes

Garden Salad

9

Crispy Chicken Sandwich Basket

All American Burger Basket

Deli Sub Sandwich

Kettle Potato Chips

10

Spicy Chicken Sandwich Basket

Grilled Cheese Sandwich

Chef Salad

Seasoned Ranch Wedges

11

Beefy Nachos & Homemade Cheese Sauce

Beef Taco Salad

Refried Beans

12

Cheese Pizza

Southwest Chicken Salad

Roasted Broccoli

15

Hot Ham & Cheese Bagel

Meatball Sub

Turkey BLT Wrap

Garlic & Herb Broccoli

16

Chicken Nugget Basket  
Whole Grain Dinner Roll

BBQ Chicken Sandwich Basket

Salad Slider

Tator Tots

17

Home-Style Meatloaf  
Whole Grain Dinner Roll

BBQ Riblet Sandwich

Chef Salad

Mashed Potatoes  
Gravy

18

Chicken Tacos

Taco Salad

Black Beans

19

French Toast Sticks  
Hard Boiled Egg with Dip

Fish Nuggets Basket  
Whole Grain Dinner Roll

Deli Sub Sandwich

Breakfast Potatoes

22

Lasagna Rollup with Sauce  
Garlic Rolls

Hot Dog

Chicken Caesar Salad

Green Peas

23

Easy Egg Bake  
Graham Crackers

Build Your Own Cereal Bar  
Graham Crackers

Deli Sub Sandwich

Caesar Salad

24

**Pigs in a Blanket Day**

Corn Dog

Chicken Patty Sandwich

Turkey Munchable

Kettle Potato Chips

25

Beef Tacos

Deli Sub Sandwich

Refried Beans

26

Pepperoni Pizza

Honey Mustard Ham Wrap

Roasted Broccoli

29

30

1



## PRICES

|               |        |
|---------------|--------|
| Regular       | \$2.40 |
| Reduced       | \$0.40 |
| Adult         | \$3.65 |
| Bottled Water | \$0.75 |
| Extra Milk    | \$0.50 |

## HARVEST OF THE MONTH



## EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.  
PB&J or Yogurt Pack are available every day.  
For questions or comments, contact the FSD  
Christopher Gallaga:  
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